

Five fundamental strategies

FIVE FUNDAMENTAL STRATEGIES

Antenatal	Early childhood		School years
	Birth to 2 years	2-5 years	
<p>1 Antenatal care</p> <ul style="list-style-type: none"> Targeted at parents Centre-based <i>Outcomes:</i> healthy birth weight, good brain health, appropriate care, "adequate parenting" 	<p>3 Early childhood education and care</p> <ul style="list-style-type: none"> Targeted at all children (in groups) High quality for all children Delivered out of home in a "pseudo-home-learning environment" <i>Outcomes:</i> children on optimal developmental pathway (cognitive and social-emotional), school readiness 	<p>5 Early years of school</p> <ul style="list-style-type: none"> Targeted at all children School-based <i>Outcomes:</i> children on optimal learning pathway by Year 3 	
<p>2 Sustained nurse home visiting</p> <ul style="list-style-type: none"> Targeted at disadvantaged parents Health and development support Home-based <i>Outcomes:</i> parents develop parenting skills 	<p>4 Parenting programs</p> <ul style="list-style-type: none"> Targeted at parents whose children have behavioural issues (higher prevalence in disadvantaged families) Centre-based, delivered in groups or 1:1 <i>Outcomes:</i> remedy of specific emerging behavioural issues 		